



Artichoke quarters bulk Egypt 1/22lb

Quartiers d'artichauts

PRODUCT OF EGYPT

40201



FROZEN VEGETABLES

IQF VEGETABLES

ARTICHOKE

Product Description

- White Toque's line of gourmet vegetables is selected from the highest grade of specialty vegetables. Those artichokes are preserved by individually quick freezing to retain texture and flavor of the fresh produce. Our Artichokes are grown in Egypt, the source of the world finest artichokes. Their delicate taste and tender hearts will delight the gourmet eater. Artichokes quarters can be used in many recipes as dips, toppings, in soups, salads, casseroles or cold dishes.

Pack and Case Specifications

Pack Net Weight

22lb

Packs per Case

800

Case Size (LxWxH)

15.7"x 9.6"x 9.7"

Case Cube

0.85ft3

Case Gross Weight

24lb

Cases per Pallet

108 (12/9)

Ingredients

ARTICHOKEs.

Physical

Cutin pieces: Widht= 0.79" Length=1.97"
80 pieces/lb
Foreign material: none.
pH: >4.7

Nutrition

Nutrition Facts

Serving Size 1/2 cup (100g)
Servings Per Container 100

Amount Per Serving

Calories 45 Calories from Fat 0

% Daily Values*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 45mg 2%

Total Carbohydrate 8g 3%

Dietary Fiber 8g 25%

Sugars 1g

Protein 3g

Vitamin A 4% Vitamin C 20%

Calcium 4% Iron 6%

*Percent Daily Values are based on a diet of other people's secrets. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Saturated Fat Less than 30g 35g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 35g 375g

Dietary Fiber 25g 30g

Calories per gram: Fat 9 Carbohydrate 4 Protein 4

Allergens

NONE.

Cooking Directions

Stove top.

Boil the product in salted water during 8 minutes. Remove the cooking water and dress it up to taste. Do not refreeze once thawed.

Certificates and Claims

GMO-free.

Storage and Shelf Life

Store in freezer below 0°F (-18°C). Keep frozen until ready to use. Do not thaw and refreeze. Unopened bags can be stored for 24 months.

UPC code



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